

# PENALTY CHART • NON-CONTACT/SCREEN FORMATS

| Penalty                    | Yards    | Assessment               | Result                   |
|----------------------------|----------|--------------------------|--------------------------|
| Flag Guarding              | 5        | Spot of Foul             | Loss of Down             |
| Illegal Advancement        | 5        | Spot of Foul             | Loss of Down             |
| Illegal Forward Pass       | 5        | Previous Spot            | Loss of Down             |
| Offensive PI               | 5        | Previous Spot            | Loss of Down             |
| Defensive PI               | 10       | 10 or Spot of Foul       | Automatic First Down     |
| Personal Foul              | 15       | Spot of Foul             | Off: LOD Def: First Down |
| Unsportsmanlike            | 15       | Spot of Foul or Previous | Off: LOD Def: First Down |
| Cool Down Period           | 0        | No Foul                  | Must sit out 5 plays     |
| Roughing Passer            | 10       | Previous Spot            | Automatic First Down     |
| Delay & False Start        | 5        | Dead- Previous Spot      | Replay Down**            |
| Offsides                   | 5        | Dead- Previous Spot      | Replay Down**            |
| Encroachment               | 5        | Dead- Previous Spot      | Replay Down**            |
| Illegal Rush               | 5        | Live- Previous Spot      | Loss of Down             |
| Impeding the Rusher        | 5        | Previous Spot            | Loss of Down             |
| Illegal Shift/Motion       | 5        | Previous Spot            | Loss of Down             |
| Stripping                  | 5        | Spot of Foul             | Automatic First Down     |
| Illegal Contact            | 5        | Spot of Foul or Previous | Off: LOD Def: First Down |
| Deflagging/Early Flag Pull | 5        | Previous Spot            | Automatic First Down     |
| Illegal Participation      | 5        | Previous Spot            | Off: LOD Def: First Down |
| Illegal Blocking           | 5        | Spot of Foul or Previous | Loss of Down             |
| Holding                    | 5        | Spot of Foul             | Automatic First Down     |
| Charging                   | 5        | Spot of Foul             | Loss of Down             |
| Last Man Rule              | 15 or TD | Spot of Foul             | 1st down or TD (5)       |

\*\* When Applicable, LOD or Automatic First down if less than 2 minutes in either half

# PENALTY CHART • CONTACT FORMATS

| Penalty                    | Yards    | Assessment               | Result                   |
|----------------------------|----------|--------------------------|--------------------------|
| Flag Guarding              | 5        | Spot of Foul             | Loss of Down             |
| Illegal Advancement        | 5        | Spot of Foul             | Loss of Down             |
| Illegal Forward Pass       | 5        | Previous Spot            | Loss of Down             |
| Offensive PI               | 5        | Previous Spot            | Loss of Down             |
| Defensive PI               | 10       | 10 or Spot of Foul       | Automatic First Down     |
| Personal Foul              | 15       | Spot of Foul             | Off: LOD Def: First Down |
| Unsportsmanlike            | 15       | End of Play or Previous  | Off: LOD Def: First Down |
| Cool Down Period           | 0        | No Foul                  | Must sit out 5 plays     |
| Roughing Passer            | 10       | Previous Spot            | Automatic First Down     |
| Delay & False Start        | 5        | Dead- Previous Spot      | Replay Down              |
| Offsides                   | 5        | Dead- Previous Spot      | Replay Down              |
| Encroachment               | 5        | Dead- Previous Spot      | Replay Down              |
| Illegal Shift/Motion       | 5        | Previous Spot            | Loss of Down             |
| Stripping                  | 5        | Spot of Foul             | Automatic First Down     |
| Illegal Contact            | 5        | Spot of Foul or Previous | Off: LOD Def: First Down |
| Deflagging/Early Flag Pull | 5        | Previous Spot            | Automatic First Down     |
| Illegal Participation      | 5        | Previous Spot            | Off: LOD Def: First Down |
| Illegal Blocking           | 5        | Spot of Foul or Previous | Loss of Down             |
| Off. Holding               | 5        | Previous Spot            | Automatic First Down     |
| Def. Holding               | 5        | Spot of Foul or Previous | Automatic First Down     |
| Charging                   | 5        | Spot of Foul             | Loss of Down             |
| Last Man Rule              | 15 or TD | Spot of Foul             | 1st down or TD (5)       |
| Last Man Rule              | 15 or TD | Spot of Foul             | 1st down or TD (5)       |